

## My food pyramid

### Meine Nahrungspyramide

1. Look at the words in the box below: How often do you eat these types of food?  
Write the words in the right parts of the pyramid or in the circle.

*Schaue dir die Wörter in der Box an: Wie oft isst du diese Nahrungsmittel? Schreibe die Begriffe in die passenden Teile der Pyramide bzw. in den Kreis.*

2. Then make sentences about your eating habits.

apples • sausages • fish • chocolate • salad • carrots  
milk • custard • pizza • fish and chips • bananas • orange juice  
bread • ice cream • mineral water • crisps • nuts • eggs

